



Vodafone 10K Regulations

1. Integrated in the "EDP Half Marathon of Lisbon" event, the Vodafone 10K is competition of 10.000 meters, that occurs at the same day of half marathon.
2. It is a timed race, which replaced the Mini Marathon, giving opportunity to those who want to run an intermediate distance, between the Mini and the Half Marathon.
3. The departure shot will be given at the 25 de Abril bridge toll square 09:30. The route is similar to the Half Marathon, but at the end of the Bridge, the participants of the Vodafone 10K go to the North / South Axis, in contrast to the Viaduct access to the A5, make the return and come in counter to the descent of access to Alcântara, Cascais Street, right to Av. ^a de Índia, Praça do Império. The finish line will be installed in the street in front of the Jerónimos Monastery - Empire Square. The race will be broadcast live on RTP.
4. Registrations are available at www.maratonaclubedeportugal.com.
5. All athletes may participate as long as they are duly enrolled in the race.
6. Athletes who on the day of the race exhibit unsportsmanlike behavior, do not comply with the rules of the race or do not follow the safety and hygiene instructions given by the staff and competent authorities on the day of the race will be barred.
7. The Vodafone 10K race has a limit of 14.000 participants.
8. There will be several registration periods, with different values.
 - 8.1 The registrations cannot be transferred to other person;
 - 8.2 At no circumstances there will be a refund of the participation fee;
9. The organization may at any time suspend or extend the deadlines, add, or limit the number of entries of the competition, according to technical or structural availability, without prior notice.
10. The "participation kit" is delivered with the BIB and will contain:
 - One technical official race t-shirt
 - One BIB with timing chip;
 - One bag;
 - Other offers from sponsors and partners
11. Duly enrolled athletes may collect their BIB and their "participation kit" in the 3 days prior to the race. No BIBs or any other material will be delivered on the race day.



12. To collect the "participation kit" it will be necessary to present registration confirmation document and an official ID document of the athlete.
13. The BIB is non-transferable and when used by another individual will imply the disqualification of both.
14. The dorsal will be the identification of the athlete, and its fixation in the pectoral area is mandatory.
15. For safety reasons (in case of an accident or physical indisposition and when an emergency arises) is recommended to fill in the personal data requested at the back of the BIB. This information may be of the utmost importance in the event of a health problem during the race.
16. The timing system and classification will be timed by the system provided by "My Laps", electronic basis that will only work if the athlete properly puts his official BIB.
- 16.1. There will be no monetary prizes both for the Men's and Women's podiums. There may be symbolic souvenirs, strictly equal for both sexes, for the race winners.
17. There will be an official supply service at 5 km and at the finish line.
18. Athletes will benefit from a personal accident insurance offered by the organization, as provided for in paragraph 15 of Article 18 of DL No. 10/2009, with a death or permanent disability capital of EUR 28 000.00 and treatment costs of up to EUR 4.000, although the organization, through the "Femédica", has a care and medical assistance service throughout the race and in the finish line area where a hospital tent will be installed. Participants must meet the health conditions necessary for distances as long as the Marathon, assuming after the registration they feel psychologically fit for effort.
19. The athlete, when registering, authorizes the organization of the race and its members and sponsors, the rights to use their image as captured or edited in the footage or photos that will take place during the event, authorizing its reproduction in communication formats of support permanently and for free.
20. The organization reserves the right to use the database with the elements completed by the participants in their possible promotion actions or other.
21. The cancellation of the race may occur due to force majeure factors and unrelated to the organization (extreme weather conditions, demonstrations, government restrictions, etc.). In case of postponement, the organization guarantees the automatic transfer of registrations of all athletes to the proposed new date. The organization may, in exceptional cases, have to change the route, including the place of departure and/or arrival, as well as the times of the race. Under no circumstances will the organization refund the registration fee.
22. At its core, Vodafone 10K is under the same rules of registration, safety, and hygiene as the EDP Lisbon Half Marathon. However, the omitted cases of this Regulation will be resolved by the Technical Director of the test and in accordance with the official regulations.

