

Regulations

1. Organized by the Marathon Club of Portugal, will be held on March 20, 2022, the 30th edition of the "Lisbon Half Marathon", this year called "EDP Half Marathon of Lisbon", a race broadcast live by RTP1, starting at 08:30 AM and with the support of the municipalities of Lisbon, Oeiras and Almada, as well as other official entities.

2. This is a 21,097 meters gold grade competition of the World Athletics calendar and gathers some of the best athletes in the world.

3. The "EDP Half Marathon of Lisbon" will start simultaneously, in Algés (next to the railways) for the elite athletes and in Almada (on the board of the 25 de Abril Bridge), for the amateur athletes. The finish line is common to both runners and is located at the Jerónimos Monastery. The itinerary will be according to the map present on the races official site and considering the following specific departures:

3.1 **Amateur athletes:** Departure at the bridge 25 de Abril (south-north direction), next to Portico No. 1.

3.2 **Elite Athletes:** The departure is located at Algés, but only for elite athletes and runners who have the minimum time required by the organization (less than 1h05m, held in the last 3 years, in the Lisbon Half Marathon, in the Portuguese Half Marathon or in another reference Half Marathon). For female elite athletes, the minimum time required is 1h20m, under the same conditions mentioned above for the men's rank.

3.3 All athletes not included in the previous paragraphs, but who have less than 1h10m to the Half Marathon (held in the last 3 years in the Lisbon Half Marathon or the Portuguese Half Marathon) can request that they be assigned a VIP dorsal, to leave from the front, on the Bridge 25 April. This request must be made in writing in due advance.

3.4 Elite Athletes join the course of the remaining athletes departing from the 25 de Abril Bridge from km 5.

3.5 For the elite athletes will be assigned a special or an elite BIBs.

4. The organization will install several official supply areas every 5 km (which does not invalidate that others supply areas are provided in properly marked places).

5. For this competition of 21,097 meters the time limit is 03h30 hours (after the 03h30 the authorities will reestablish the road traffic). Athletes who eventually haven't finish the race at this time should



quit and walk to the finish line. After the 03h30 the organization is not responsible for any accident that may occur.

6. Race registrations are available at www.meiamaratonadelisboa.com.

6.1 There will be different registration periods with different values.

6.2 The registrations for the races is limited to 30.000 entries: 16,000 for the Lisbon Half Marathon and 14.000 for the Vodafone 10K.

6.3 Requests for transferring a registration to another runner will not be accepted. All registrations are personal and non-transferable.

6.4 Under no circumstances will the organization refund the registration fee.

6.5 The organization may at any time suspend or extend the deadlines, add or limit the number of entries of the competition and according to technical or structural availability, without notice.

6.6 There are available "Special VIP" BIBs, in limited number and with a registration fee of EUR 150.

"Special VIP" participants will get:

- Transportation from the race official hotel to the race starting line;
- Access to the front of the starting line;
- Gear check;
- Access to the VIP lounge and brunch catering.

6.7 The organization reserves the right to assign VIP BIBs to invited athletes and personalities. These guests will have access to the front of the starting line.

7. The participation kit is delivered with the BIB includes:

- one technical official race t-shirt
- personalized BIB with timing chip;
- one bag;
- offers from sponsors and partners

8. The following age groups shall be considered and in accordance with international regulations:

- W/M35 (athletes with ages between 35 and 39 years old);
- W/M40 (athletes with ages between 40 and 44 years old);
- W/M45 (athletes with ages between 45 and 49 years old);
- W/M50 (athletes with ages between 50 and 54 years old);
- W/M55 (atletas com idades entre os 55 e 59 years old);
- W/M60 (athletes with ages over 60 years old).

Note: Is considered the age of the athlete at the race day.

9. Duly registered athletes will be able to collect their BIBs and their "participation kit", at the location defined 3 days prior to the race. There is no BIB deliveries or other contents on the race day.



9.1. To pick up the BIB and the participation kit it the participants must present the registration confirmation document.

9.2. Runners official ID document;

9.3. The BIB is non-transferable and when used by another runner will imply disqualification.

10. The race BIB, which contain an electronic chip, will be the identification of the athlete, and must be fixated in the pectoral area of the athlete.

10.1. For safety reasons (in case of an accident or physical indisposition and when an emergency situation arises) is recommended to fill in the personal data requested at the back of the BIB.. This information may be of the utmost importance in the event of a health problem during the race.

11. The athletes will be disqualified when:

11.1. Using a BIB from other athlete;

11.2. Using a damaged BIB;

11.3. Misplaced BIB that can create timing registration failures;

11.4. Folded the BIB;

11.5. Lack of use the BIB during the full course;

11.6. Skip railings either in the departure and arrival zone;

11.7. Do not respect the race indications signals;

11.8. Falsify any element on the registration form;

11.9. Present physical maleness or apparent weakness before departure;

11.10. Use more than one chip or BIB;

11.11. Manifest unsportsmanlike behavior or do not comply with the rules laid down in the regulation and the safety and hygiene instructions given by staff and competent authorities before, during and after the race.

12. There are several monetary prizes in dispute which will be paid (after the results are verified and considered final), according to the chart disclosed and after sending a valid receipt/invoice, in accordance with the local tax rules. **The monetary prizes for the senior level will be awarded only to elite athletes who have departed from Algés.**

Classification	Seniors Female and Male	M35	M40, M45, M50, M55 e M60	F 35	F 40
1	1500 €	300 €	200 €	300 €	200 €
2	1000 €	200 €	100 €	200 €	100 €



3	750 €	100 €	50 €	100 €	50 €
4	500 €				
5	300 €				

Age groups:

Accordingly with the Portuguese Athletics Federation.

Note: The general classification prizes, both male and female, only for Portuguese participants, will be fully paid, provided that the athletes have performed a time of less than 63:40 for men and 71:00 for women. Otherwise, only 50% of the amount will be paid. In times greater than 65:00 or 74:00, only 25% of the prize will be paid.

The amounts in the chart are subject to the legal discounts demanded by local tax laws.

12.1. All ranked athletes will receive an official medal and other souvenirs.

13. The timing system and classification will be timed by the system provided by "My Laps", electronic basis that will only work if the athlete properly puts his official BIB.

14. The route was measured by AIMS delegates in accordance with WA's international regulations and according to the data provided by the Technical Director of the race;

15. There will be no collection of equipment for the participants in the.

16. Athletes will benefit from a personal accident insurance offered by the organization, as provided for in paragraph 15 of Article 18 of DL No. 10/2009, with a death or permanent disability capital of EUR 28 000.00 and treatment costs of up to EUR 4.000, although the organization, through the "Femédica", has a care and medical assistance service throughout the race and in the finish line area where a hospital tent will be installed. Participants must meet the health conditions necessary for distances as long as the Marathon, assuming after the registration they feel psychologically fit for effort.

17. The athlete, when registering, authorizes the organization of the race and its members and sponsors, the rights to use their image as captured or edited in the footage or photos that will take place during the event, authorizing its reproduction in communication formats of support permanently and for free.

18. The organization reserves the right to use the database with the elements completed by the participants in their possible promotion actions or other.

19. When registering, all participants automatically declare that they agree to the following disclaimer:

19.1. I have read and I agree with all the Rules of the Marathon Club of Portugal, available on the website of the race;

19.2. I am aware of my health status and that I am physically and psychologically able to participate;



19.3. I assume that I will refrain from participating in the race if my health conditions change after registration;

19.4. I am aware of the content of the insurance policy and have read the specifications of the insurance policy at the Rules of Race;

19.5. By participating in the race, I authorize, free of charge and unconditionally, that the organization and the partners of the race use my image. By this instrument, I budge all rights of my image, as captured in photographs and footage that will take place during the race, renouncing the receipt of any amount that may be earned with its disclosure in communication pieces.

19.6. I participate in the race by my own free will, exempting the organization, partners, directors, employees and other companies linked to the organization of the event from any liability resulting from my participation in the race, before, during and after it (e.g. loss of personal effects for theft or other circumstances).

20. If the athlete does not want his/her data to be used, he or she must alert the organization.

21. There will be six doping controls for the male and female elite athletes. These athletes are required to attend anti-doping control in accordance with WA regulations.

23. The cancellation of the race may occur due to force majeure factors and unrelated to the organization (extreme weather conditions, demonstrations, government restrictions, etc.). In case of postponement, the organization guarantees the automatic transfer of registrations of all athletes to the proposed new date. The organization may, in exceptional cases, have to change the route, including the place of departure and/or arrival, as well as the times of the race. Under no circumstances will the organization refund the registration fee.

24. It is expressly prohibited to participate with pets, strollers, skates, as well as any other accessory that is not used in racing.

25. Complaints must be made in accordance with the principles of WA and FPA and AIMS. There will be a fee of € 50.00 for each claim, an amount that will be deposited until the situation presented is resolved. The amount will be refunded in case of approval. The time for complaint analysis will be in line with the necessary time to consult all elements for a perfect knowledge of the complaint.

26. The organization has several platforms to support participants' questions and should be consulted if necessary.

27. The omitted situations on this document will be solved by the technical director of the race in accordance with the official regulations applied and opinions from WA/AIMS.

