

REGULATIONS

1. Organized by Maratona Clube de Portugal, the 10th edition of The Lisbon Marathon will be held on October 8th, this year called “EDP Lisbon Marathon”. This competition will be Broadcasted by RTP in collaboration with local government (Lisboa, Oeiras e Cascais) as well as other official entities including PNDpT – Programa Nacional Desporto para Todos.
 - a) As part of the EDP Maratona de Lisboa, it will be held the Portuguese National Marathon Championship. The conditions of participation must be consulted on the official website of the F.P.A. – <https://fpatletismo.pt>
2. This is a competition of 42.195 meters inserted in the World Athletics calendar with the seal “World Athletics Elite Label”, with the presence of some of the best world elite athletes.
3. The Marathon will start at 8:00 am in Cascais, and the arrival at Praça do Comércio, in Lisbon. The starting line will be organized by time boxes. The Lisbon Marathon course will be according to the map published on the race website, <https://www.maratonaclubedeportugal.com/>.
4. The organization will install several official supply areas with a 5km interval which does not invalidate the install of other supply areas duly marked.
5. For this competition of 42.195 meters there will be a time limit of 6:00 hours, meaning that by 2:30pm, traffic circulation will be re-established by the competent authorities. Athletes, eventually still in the competition must go to the sidewalks. The organization will not assume any responsibility if an accident occur. There will be a *cut-off*, at the 30km, at 12:10 pm (Local Time).

6. Registrations on the race website www.maratonaclubedeportugal.com/.

- a) The registration periods and corresponding entry fees are available on the race website;
- b) A limit of 6,000 athletes will be stipulated, with entries limited to participants over 18 years of age;
- c) Requests to change registrations will not be accepted. Entries are personal and non-transferable.
- d) Under no circumstances will the organization refund the registration fees;
- e) The organization may, at any time suspend or extend the deadlines add or limit the number of registrations for the event according to availability/technical/structural needs, without prior notice;
- f) There will be “Special VIP” bibs in limited numbers and with an entry fee of €175.00;
- g) Holders of “Special VIP” bib numbers will be entitled to:
 - Transport from the event’s official hotel to the Race start;
 - Direct access to the front of the race;
 - Equipment collection area;
 - Access to the VIP area at the end of the race.
- h) The organization reserves the right to award VIP numbers to athletes/personalities invited by them.

7. The “Runner Kit” will be delivered at Seaside Sport Expo along with the bib number:

- a) There will be a technical fiber t-shirt available in 5 different sizes stocks will be distributed according to availability;
- b) A bib number with an identification chip;
- c) A race bag;

- d) Other gifts and information from event sponsors;
- e) A special individual bag for collecting personal equipment (see p15.)

8. The following Age Groups will be considered, in accordance with international regulations

MEN	WOMEN	FROM	TO
S M	S F	18 years	34 years
M35	W35	35 years	39 years
M40	W40	40 years	44 years
M45	W45	45 years	49 years
M50	W50	50 years	54 years
M55	W55	55 years	59 years
M60	W60	+60 years	
M65	W65	+65 years	
M70	W70	+70 years	

Note: The age considered is the age of the athlete on the day of the race..

9. Duly registered athletes will be able to collect their bib number and respective “Runner kit” at the “Sala Tejo – Altice Arena”, on October 5th, 6th and 7th, from 10:00 am to 8:00 pm. It will be impossible to collect them on the day of the race

- a) To collect the “Runner kit”, it will be necessary to present the respective proof sent by the organization to the athlete's email and the respective identification document;

- b) The bib number is non-transferable and when used by another individual it will result in the disqualification of the athlete;
- c) The bib number will only be delivered to the athlete himself.

10. The bib number, which contains an electronic chip, will be the athlete's identification, and its fixation in the athlete's chest area is mandatory.

- a) It will also be mandatory to fill in the personal data, on the back of the bib number, for reasons solely related to the safety of the athlete himself. In the event of an accident, physical illness or any other emergency situation during the race, this information may be of the utmost importance.

11. Disqualification of an athlete will occur when:

- a) Use the bib number of another athlete;
- b) Damage the bib number;
- c) Do not have the bib number placed in the pectoral area, as the wrong placement of the bib number implies possible failure to obtain results;
- d) Fold the bib number in order to reduce its size;
- e) Jump crates both in the Race Start Area and in the Finish Line Area;
- f) Does not respect the signage of the race;
- g) Does not complete the entire course;
- h) Falsifique qualquer elemento relativo à sua inscrição;
- i) Show physical discomfort or apparent weakness before the Race;
- j) Use more than one chip or double bib number;
- k) Show unsportsmanlike behavior.

Note: Athletes without a bib number will not be allowed to remain on the course.

12. There are several monetary prizes in dispute, which will be paid (after the classifications are verified and considered official), according to the published table and prior delivery of the respective receipt (Invoice–receipt, commonly known as "green receipt" or Isolated Act) and in accordance with the tax rules .

Portuguese Prize Table
General Female and Male Rating

€2.000
€1.500
€ 800
€ 500
€ 300

Notes:

- The values in the table are subject to legal taxes;
 - This prize table applies to Portuguese athletes, and the amounts will be paid in full when the mark achieved is less than 2.16.00, in the male category, and 2.36.00, in the female category. Otherwise, only 50% of the value will be paid;
 - Rankings will be official 15 days after race day;
 - All athletes eligible for cash prizes must contact the organization at info@maratonaportugal.com, within a maximum period of 30 days after the rankings are considered official.
- a) The official time, for the purposes of general ranking and ranking by age group, is the time of the “starting shot”;

- b) All classified athletes will receive an official medal as well as other souvenirs from this edition.
13. The timing process and respective ranking will be done using an electronic chip system that will only work if the athlete properly places his official bib number.
14. The measurement of the course was carried out by official delegates, in accordance with the international regulations of the WA and in accordance with the data provided by the Technical Director of the event.
15. There will be an equipment collection service for the participants of the EDP Lisbon Marathon, with the organization being responsible for delivering them at the end of the race. The location of the equipment collection will be announced in due time:
- Equipment can only be delivered in the bag provided by the organization (see p 7.);
 - The bag must be identified with the athlete's bib number;
 - Only one athlete equipment per bag will be allowed;
 - This service is a courtesy to athletes, therefore, the organization will not be responsible for any valuable equipment placed inside of the bag.
15. Athletes will benefit from personal accident insurance, as provided for in paragraph 15 of article 18 of DL n.º 10/2009, with capital for death or permanent disability of €28,000.00 and treatment up to €4000.00, although the organization has a careful medical assistance service throughout the race and in the finish area, where a hospital tent will be installed. Participants must meet the necessary health conditions

for the physical effort inherent to the Marathon, assuming, after registration, that they feel psychophysiologicaly fit for this effort.

16. Hospital da Luz and Femédica are the healthcare partners responsible for organizing the Official Medical Services.
17. The organization has structured a medical assistance service, under the guidance of a specialized team of professionals, although it is not responsible for any accident that may occur during this event.
18. The athlete, when registering, authorizes the transfer, free of charge and unconditionally, to the organization of the event and to its associates and sponsors, the rights to use his image as it was captured in the footage or photos that will take place during the event, authorizing its reproduction in communicational support pieces.
19. The organization reserves the right to use the database, with the elements filled in by the participants, in their eventual promotion actions, among others.
20. When registering, all participants automatically declare that they agree with the following disclaimer:
 - a) I have read and agree with the Regulations of Maratona Clube de Portugal, available on the event's website;
 - b) I am aware of my state of health, and that I am physically and psychologically able to participate in the Marathon;
 - c) I assume that I will not participate in the race, if my health conditions change after registration;
 - d) I am aware of the content of the insurance policy and have read its specifications, contained in the Regulation of the Event;
 - e) By participating in the competition, I authorize, free of charge and unconditionally, that the organization and the competition partners use my image. By this

- instrument, I grant all rights to use my image, as captured in photographs and footage that will take place during the race, waiving the receipt of any amount that may be earned with its dissemination in support communication pieces;
- f) I participate in the event on my own free will, exempting the organization, partners, directors, employees and other companies linked to the organization of the event, from any liability resulting from my participation in the event, before, during and after it (eg. loss of personal effects through theft, damage, or other circumstances).
21. If the athlete does not want his/her data to be used, he/she is given the option of not authorizing the transfer of the same, having to alert the organization, for this purpose.
22. There will be Doping control for the best athletes: 6 controls for the male and 6 for the female. These athletes will be required to attend an Anti-Doping Control in accordance with WA regulations.
23. Changing the race course or its cancellation may occur due to factors external to the organization (extreme weather conditions, demonstrations, strikes, government restrictions, works, security, etc.).
24. It is expressly forbidden the participation of people with pets, baby carriages, skates, as well as any other auxiliary means of locomotion.
25. Complaints must be made in accordance with FPA and WA standards. There will be a fee of €50.00 for each claim, which will be deposited until the situation presented is resolved. The amount will be refunded in case of acceptance. The time

for analysis of the complaint will be in line with the need to consult the adjacent elements, for the perfect knowledge of the situation.

26. The organization has several platforms to support participants doubts, which should be consulted if necessary.

27. Any omissions on this event regulations will be resolved by the Technical Director of the event and in accordance with the official regulations in force and WA opinions.