



Maratona de
Lisboa



FAQ's

BEFORE THE RACE

1. What is the EDP Lisbon Marathon?

A: The EDP Lisbon Marathon is a 42km competition, included in the World Athletics calendar with the “World Athletics Elite Label” seal. It takes place on the 9th of October, with the organization of MARATONA CLUBE DE PORTUGAL and has the support of the local government of Lisbon, Oeiras and Almada, as well as other official entities. On the day of the race, it will take place, the Regional Road Marathon Championship, organized by the Lisbon Athletics Association.

2. What is the Luso Half Marathon?

A: The Luso Half Marathon is a 21km competition, included in the World Athletics calendar with the “World Athletics Elite Label” seal. It takes place on the 9th of October, with the organization of MARATONA CLUBE DE PORTUGAL and has the support of the local government of Lisbon, as well as other official entities. On the day of the race, the Regional Road Half Marathon Championship, organized by the Lisbon Athletics Association, takes place.

3. What is the EDP Mini Marathon?

A: The EDP Mini Marathon is an 8km, non-competitive and non-timed fun run. It takes place on the 9th of October with the support of the local government of Lisbon, as well as other official entities.





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4. What is the distance of the EDP Lisbon Marathon?

A: The race will take place over a distance of 42,195 meters.

5. What is the distance of the Luso Half Marathon race?

A: The race will take place over a distance of 21,097 meters.

6. What is the distance of the EDP Mini Marathon race?

A: The race will take place over a distance of 8,200 meters.

7. What is the route of the EDP Lisbon Marathon?

A: The start of the EDP Lisbon Marathon will take place at the Cascais Hippodrome. The route is 100% by the sea/river and the arrival will be at Praça do Comércio, in Lisbon.

8. What is the route of the Luso Half Marathon?

A: The start of the Luso Half Marathon will take place on the Vasco da Gama Bridge deck, in Lisbon. Arrival will be at Praça do Comércio, in Lisbon.

9. What is the EDP Mini Marathon route?

A: The start of the EDP Mini Marathon will take place on the Vasco da Gama Bridge deck, in Lisbon, and the route will be identical to that of the Luso Half Marathon, up to Km 7. The finish will be at Parque das Nações.

10. How can I access the run courses?

A: You can access the course on the official website of the race:

<https://www.maratonaclubedeportugal.com/>





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11. What time does the EDP Lisbon Marathon start?

A: The race will start at 8:00 am.

12. What time does the Luso Half Marathon/ EDP Mini Marathon start?

A: The race will start at 10:30 am.

13. When do registrations close?

A: Registration will close on October 8, at 7:59 pm, unless the registration limit stipulated by the organization is reached (before the indicated date).

14. Where can I apply?

A: Registration is open on the official website of the race:

<https://www.maratonaclubedeportugal.com/>

15. After signing up, how do I collect my Athletes kit?

A: After completing your registration and up to a week before the race, you will receive, via email, a proof of registration. With this proof, you will have to go to SEASIDE SPORTEXPO, at the Carlos Lopes Pavilion, on October 6th, 7th and 8th, from 10:00 am to 8:00 pm, and pick up your “Athletes kit”.

16. I lost my proof of registration... How can I collect my “Athletes kit”?

A: You can retrieve it by sending an email to info@maratonaportugal.com, or at SEASIDE SPORTEXPO, going to the “Solutions” desk.





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17. What if I can't participate after signing up?

A: You can transfer your registration to another participant, nominated by you and at no additional cost, by sending an email to info@maratonaportugal.com.

18. I didn't choose the size of my t-shirt in the Application Form...What should I do?

A: The t-shirt size will be chosen when picking up the “Athletes kit”. There will be 5 sizes available, and the stock of sizes is limited. Distribution is subject to availability. If the desired size is out of stock, an alternative size will be suggested.

19. What should I do if I lose my bib number?

A: You should contact the organization by sending an email to info@maratonaportugal.com

20. Can I pick up the bib number for a friend/relative of mine?

A: Yes, you can pick up a bib number for someone else, as long as you present the original proof and a copy of your identification document.

21. Can I use someone else's bib number?

A: No. If any participant uses the bib number of another athlete, without prior notice to the organization, and without the authorization to do so, the organization will disqualify the athlete in question. Changing the registration data is mandatory and must be requested in advance, by sending an email to info@maratonaportugal.com or by going to the SEASIDE SPORTEXPO “Solutions” desk.



RACE DAY

22. On the day of the race, can I use public transport for free?

A: Yes. Upon presentation of the number, the athlete will have at his disposal free transport from the organization's partners, namely Metro, Carris and CP.

23. How do I get access to the EDP Lisbon Marathon Start Area?

A: There will be trains every half hour starting at 5:00.

There will be a special train from Cais do Sodré at 6:15 am, which will allow you to be at the race start area at 7:00 am

The train trip will take 40 min

24. How do I access the Luso Half Marathon/ EDP Mini Marathon Start Area?

A: Access to the Departure will be made exclusively through the organization's buses.

The buses will be parked in front of the Vasco da Gama Shopping Center and will transport athletes with a bib number, between 7:30 am and 9:30 am.

25. At what time does the access to the starting area (Av. da República) of the EDP Lisbon Marathon will be closed?

A: The starting area at Avenida da República will be closed on the day of the from 05:00 to 12:00

26. For how long will the EDP Lisbon Marathon course be closed?

A: The EDP Lisbon Marathon course will be completely closed from 07:30 and it will reopen as the last one passes, being fully open at 14:30;



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27. What time does the access to the start area (Vasco da Gama Bridge) of the Luso Half Marathon/EDP Mini Marathon will be closed?

A: Vasco da Gama Bridge is always accessible even when the race starts, there will only be restricted traffic;

28. When will the Luso Half Marathon course be closed?

A: Luso Half Marathon course will be completely closed from 09:00 and will reopen as the last one passes, being fully open at 14:30;25.

29. Can I lift my bib number on race day?

A: No. No bib numbers will be delivered on race day.

30. Is there a cut-off to complete the EDP Lisbon Marathon?

A: Yes. There will be a cut-off limit of 6 hours, so from 2:30 pm, normal road traffic will be restored.

31. Is there a cut-off to complete the Luso Half Marathon?

A: Yes. There will be a time limit of 3:30 hours, so from that moment on, normal road traffic will be restored.

32. Is there a cut-off in the EDP Lisbon Marathon?

A: Yes. There will be a cut-off at 30km at 12:10 (local time).

33. Are there Pacers at the EDP Lisbon Marathon?

A: Yes. There will be Pacers that will be identified with the following times: 3h00, 3h15, 3h30, 3h45, 4h00, 4h30 and 5h00.



34. Are there supplies during the race?

A: The organization will install several official supply areas, with 5 km intervals, which does not mean that other supply areas are provided in duly marked places.

In the case of the EDP Mini Marathon, the supply will be at 3km.

35. Is there medical support throughout the race and at the finish line?

A: Femédica and Hospital da Luz will collaborate closely to provide the necessary medical support during the race and in the finish zone.

36. Is there a place to store the EDP Lisbon Marathon athletes' equipment?

A: Yes. Equipment will be collected from the Departure area and transported to the Finish area. The equipment can only be delivered in the bag provided by the organization, at SEASIDE SPORTEXPO.

37. Is there a possibility of bathing after the goal?

A: We are sorry, but we will not be providing showers in this area.

38. Are there any cool stations along the course?

A: Yes, only on the Marathon course. There will be cool stations at 20km and 32km. And at 38km there will be Firefighters refreshing the athletes, to refresh the athletes, in case it doesn't rain.

39. Is there a shuttle to take me back to the Departure?

A: We are sorry, but in this race we will not be providing this service.

POST-RACE

40. Do I receive a medal if I participate in the race?

A: Yes, if you participate and finish the race, you will receive a finisher medal in the post-Meta area.

41. Where and when will the results be released?

A: The first (provisional) results will be available on the official website from 19:00pm. Official Results will be available two weeks after the event. A link to the provisional results will also be available on the official FB page.

42. My number does not appear in the Provisional Results. What should I do?

A: You must fill in the form available online, on the Provisional Results page.

43. I was injured during the race, do I really have to request medical assistance, even if it is not a serious occurrence? How should I proceed?

A: Yes, so that you can later claim the insurance, with the doctor partner's report in place. The insurance is personal accident insurance, which does not cover injuries before or after race day.