

FAQS

BEFORE THE RACE

1. What is the EDP Lisbon Half Marathon?

A: The EDP Lisbon Half Marathon is a competition on the World Athletics calendar with the "World Athletics Elite Label" and is part of the SUPERHALFS circuit. All the information on the SUPERHALFS circuit can be found at www.superhalfs.com It will take place on 17 March 2024, organized by the MARATONA CLUBE DE PORTUGAL and with the support of the municipalities of Lisbon, Oeiras and Almada, as well as other official bodies.

2. What is the VODAFONE 10K?

A: The VODAFONE 10K is a timed competition that has replaced the Minim Marathon and will be held at the same time as the EDP Lisbon Half Marathon on March 17th 2024. This race is organized by the MARATONA CLUBE DE PORTUGAL and supported by the municipalities of Lisbon, Oeiras and Almada, as well as other official bodies.

3. How far is the EDP Lisbon Half Marathon?

A: The race will take place over 21,097 meters.

4. How far is the VODAFONE 10K race?

A: The race will take place over 10,000 meters.

5. What is the route of the EDP Lisbon Half Marathon?

A: The start of the EDP Lisbon Half Marathon will take place simultaneously in Cruz Quebrada for the Elite athletes and in Almada (on the deck of the 25 de Abril Bridge) for the other athletes. The finish line is common to both races, with the finish line located in front of the CCB, next to the Mosteiro dos Jerónimos.

6. What is the route of the VODAFONE 10K?

A: The start will be at the Ponte 25 de Abril Toll Plaza. The route is like that of the EDP Lisbon Half Marathon. When they reach the end of the bridge, participants head north/south, in reverse, until they reach the A5 access viaduct, then turn round and head in reverse until they come down to the Alcântara access road, Rua de Cascais, right onto Avenida da Índia and

Praça do Império. The finish line will be in the street in front of the Mosteiro dos Jerónimos, on the large street of Praça do Império.

7. What time does the EDP Lisbon Half Marathon start?

A: The race starts at 10:05 a.m.

8. What time does the VODAFONE 10K start?

A: The race starts at 10.45 a.m.

9. When does registration close?

A: Entries close on March 16th at 7.59pm, unless they reach the maximum limit before that date

10. Where can I register?

A: Entries are made exclusively on the race's official website at www.maratonclubedeportugal.com

11. I'm a person with mobility impairment, I use a wheelchair to get around, can I register?

A: Yes, from the 2024 edition onwards you can register using, using the email address inscricoes.pdvmr@maratonaportugal.com You can register for the VODAFONE 10K (max. 10 places). Registration presupposes that you have read and accepted Article 7 of the respective Race Regulations.

12. How can I access the route?

A: You can access the route on the race's official website at www.maratonclubedeportugal.com

13. After registering, how do I collect my Participation Kit?

A: After registering and up to a week before the race, you will receive a receipt in your email to collect your registration. With this receipt, you will have to go to the SEASIDE Fashion Sponsor SportExpo, at the Centro Cultural de Belém, on 14th, 15th and 16th of March (between 10:00am and 08:00pm) and collect your bib and t-shirt.

14. I've lost my proof of registration... how can I collect my Participation Kit?

A: You can retrieve it by sending an email to info@maratonaportugal.com or at SEASIDE Fashion Sponsor SportExpo, by going to the "Solutions"

Desk.

15. What if I can't take part after registering?

A: You can transfer your registration to another participant nominated by you, free of charge, by sending an email to info@maratonaportugal.com

16. What should I do if I lose my bib?

A: You should contact the organization by sending an email to info@maratonaportugal.com

17. Can I pick up my bib for a friend?

A: Yes, you can pick up a bib for someone else, as long as they present the original proof and a copy of their ID.

18. Can I use someone else's bib?

A: No, if any participant uses another athlete's bib without notifying the organization in advance and without their permission, they will be disqualified. You must inform the organization within 15 working days so that the change can be made correctly in our system.

19. How can I link my SuperHalves Passport number to my entry?

A: The Passport must be associated with the race registration form or by sending an email to info@maratonaportugal.com

RACE DAY

20. Can I use public transport for free on the day of the race?

A: Yes, on presentation of the bib, the athlete has free transport available from the organization's partners.

21. Can I collect my bib on the day of the race?

A: No, bibs are not handed out on the day of the race.

22. Is there a time limit for completing the races?

A: Yes, the time limit is 3h00m after the starting gun for the EDP Half Marathon and 2h20 for the VODAFONE 10K

23. Are there aid stations during the race?

A: A The organization will set up several official aid stations at 5 km

intervals, but this does not mean that others will be provided at duly marked locations.

24. Is there medical support throughout the race and at the finish line?

A: Femédica and Hospital da Luz will work closely together to provide medical support during the race and at the finish line.

25. Is there a place to store belongings?

A: Yes, equipment will be collected at the start area and transported to the finish area. Equipment can only be delivered in the bag provided by the organization, at the SEASIDE SPORTEXPO. This will be an optional service, paid for at a cost of 5 (five) euros, limited to 2000 places.

26. Are showers available?

A: Sorry, there are no showers.

27. Are there pacers in the Half Marathon?

A: Yes, we will have pacers, identified by flags that will indicate the pace at each kilometer.

- 4m/Km flag - corresponds to 1h24m of the race
- 4.30m/Km flag - corresponds to 1h35m of the race
- 5m/Km flag - corresponds to a 1h45m time trial
- 5.30m/Km flag - corresponds to 1h56m of the race

28. Are there starting boxes?

R: Yes, there will be the following starting boxes;

- Caixa VIP;
- Box 1 - Box SUB 1H30;
- Box 2 - Box SUB 1H45;
- Box 3 - Box SUB 2H00;
- Box 4 - Box +2H00.

AFTER THE RACE

29. Do I get a medal if I take part in the race?

A: Yes, if you take part and finish the race, you will receive a finisher's medal at the end of the race.

30. Is there a medal engraving service?

A: Yes, there will be a stand at Seaside Sportexpo where you can purchase this service.

31. Where and when will the results be announced?

A: The provisional results will be available on the official website from 07:00pm. The official results will be made available two weeks after the end of the event.

32. My bib doesn't appear in the Provisional Results. What should I do?

A: You should fill in the form available online on the Provisional Results page.

33. I was injured during the race and requested medical assistance on the spot, after which I was taken to hospital? How should I proceed?

A: In the event of an accident, claimants should contact the MCP at geral@maratonaportugal.com and then fill in the accident form to be sent to the insurance company by the MCP.

34. I was injured during the race but didn't request medical assistance on the spot. Even though it's not an accident, how should I proceed?

A: In the event of an accident, claimants should contact the MCP at geral@maratonaportugal.com and then fill in the accident form to be sent to the insurer by the MCP.