

### FAQS

#### 1. What is the EDP Lisbon Half Marathon?

The EDP Lisbon Half Marathon is a competitive athletic race, and it takes place at the same day has the Vodafone 10K.

#### 2. How is the course?

The course starts at the Ponte 25 de Abril and it's finishing line is in front of the Jerónimos Monastery.

#### 3. What is the distance of the Half Maratona and the Vodafone 10K.

The EDP Lisbon Half Marathon is 21 KM and the Vodafone 10K is 10 KM.

#### 4. Do I get na medal and official T-shirt?

Yes. In both races you will a medal of participation (the medal is given at the finish line). And an official technical t-shirt (delivered at the Sport Expo with the kitbag).

#### 5. Where can I register?

You may register at our official website: <u>https://www.maratonaclubedeportugal.com/</u>

#### 6. After I register how can I pick up my participation kit?

After registration and up to a week before the event you will get an e-mail with your registration document. You will need to use that document to collect your bib and kitbag at the Sport Expo, on the three days before the race.

#### 7. At what time the races begin?

The EDP Lisbon Half Marathon begins at 10.20 AM May 8 (Sunday), and the Vodafone 10K is at 10.55 AM, also May, 8 (Sunday). Both races begin at the toll square from the bridge, Ponte 25 de Abril.

#### 8. How do I get to the Starting line

The access to the EDP Lisbon Half Marathon and Lisbon Vodafone 10K starting line is made exclusively by the Fertagus Pragal train station. To get to the starting line, all participants must use the Fertagus trains to arrive to the Pragal station.

To get the Fertagus train stations, the athletes can use for free (presenting their BIB) the Lisbon public transportation system (subway, buses, gand trains).

#### 9. Is there a time limit to complete the races?

Yes, the time limit is 3,5 hours after gun time.

#### 10. Can I pick up my bib number on the day of the race?

No, no bib numbers can be picked up on the day of the race.



#### 11. Can I pick up a bib number for a friend?

Yes, you may pick up a bib number for another person, has long has you have their registration document and a copy of their personal identification.

#### 12. What refreshments will be available during the race?

Water Luso

Powerade

Fruit

Gel 226ERS

#### 13. Where can I find the race results?

The provisory results will be provided and available on the day of the race and at the official website. The official results will be displayed two weeks after the event.

#### 14. Do you provide Gear Check?

We are very sorry, but we do not have gear check in both races.

#### 15. Do you provide showers?

We are very sorry, but no showers are available in the races.

#### 16. Do I get a chip for the Vodafone 10K?

Yes, the Vodafone 10K is a competitive race and has an official race result.

#### 17. Where can I get my race certificate?

You may download your race certificate from the race official website. The diploma with the final times will be sent by email two weeks after the event.

# 18. I'm registered on the EDP Lisbon Half Marathon, but I'm injured and would like to change my registration to the Vodafone 10K. How do I proceed?

You may change your distance until 15 days before the day of the race, please note that no refunds are available either by changing your distance or by quitting the race. Please notify the organization to change your distance as soon as possible.

## **19.** I'm registered on the Vodafone **10**K but would like to change my registration to the EDP Lisbon Half Marathon. Can I make that change?

Yes, if slots are still available you may change your distance to the Marathon. Please contact the race organization until 15 days before the day of the race to change your distance. Note: You will need to indicate your race box time and pay the fee difference.

## 20. On the day of the race, can I participate in another distance other than the one I'm already registered?

No, all changes need to be approved by the race organization, if not, the participant will be disqualified.



#### 21. Can I use another person's bib number?

No, if any participant uses another person's bib number without the authorization of the organization, they will be disqualified. Please inform us until 15 days before the race so we can change your personal information in our system and transfer it to someone else.

#### 22. I lost my registration document. How can I pick up my participation kit?

You may recover your registration document at the Sport Expo on the Solutions booth.

#### 23. On the day of the race, can I use public transportations for free?

Yes, but you need to show your bib number to use our public transportations partners. Please check the section 'Departure' at the race site and check which transportations are available.

#### 24. Do I get a medal if I participate in the Luso 7K?

Yes, you will get a medal and an additional official t-shirt.