

## FAQS

### BEFORE THE RACE

**1. What is the EDP Lisbon Half Marathon?**

A: The EDP Lisbon Half Marathon is a competition on the World Athletics calendar with the "World Athletics Elite Label" seal. It is also part of the SuperHalves.

It takes place on March 12, organized by the MARATONA CLUBE DE PORTUGAL and has the support of the local governments of Lisbon, Oeiras and Almada, as well as other official entities.

**2. What is the Vodafone 10K?**

A: Vodafone 10k is a timed competition, which replaces the Mini Marathon and is held simultaneously with the EDP Lisbon Half Marathon, on March 12, 2023. This event is organized by the MARATONA CLUBE DE PORTUGAL and has the support of the local governments of Lisbon and Almada, as well as other official entities.

**3. What is the race distance of the EDP Lisbon Half Marathon?**

A: The race course has 21,097 meters.

**4. What is the race distance of the Vodafone 10K?**

A: The race course has 10,000 meters.

**5. What is the course of the EDP Lisbon Half Marathon?**

A: The start of the EDP Lisbon Half Marathon will be given simultaneously in Cruz Quebrada for the elite athletes and in Almada (on the 25 de Abril Bridge deck) for the remaining athletes. The end is common to both races, with the finish line being set up in front of Mosteiro dos Jerónimos.

**6. What is the course of the Vodafone 10K?**

A: The departure will take place on the 25 de Abril Bridge deck. The route is like that of the EDP Half Marathon, but reaching the end of the Bridge, the participants of this race head to the North / South Road, in the opposite direction, to the Access Viaduct to the A5, turn around and come in the opposite direction until the descent. access to Alcântara, Rua de Cascais, right at Índia Avenue and Empire Square. The finish line will be installed on the street in front of the Jerónimos Monastery.

**7. What time does the EDP Lisbon Half Marathon start?**

A: The race starts at 10:05am

**8. What time does the Vodafone 10K start?**

A: The race starts at 10:45am

**9. When registrations are closed?**

A: Registration closes on 11 March at 19:59, unless sold out earlier.

**10. Where can I register?**

A: Registrations are made exclusively on the official website of the event at <https://www.maratonaclubedeportugal.com/>.

**11. How can I check the course?**

A: You can check the course on the official website of the race at [www.maratonaclubedeportugal.com](http://www.maratonaclubedeportugal.com).

**12. After registering, how do I pick up my race kit?**

A: After your registration and up to one week before the race, you will receive in your email a voucher to pick up your race kit. With that same voucher, you will have to go to SEASIDE Fashion Sponsor SPORTEXPO, in Centro Cultural de Belém, on the 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> of March (between 10H00 and 20H00), and pick up your bib and T-shirt.

**13. I lost my registration voucher... How can I pick up my race kit?**

A: You can retrieve it by sending an e-mail to [info@maratonaportugal.com](mailto:info@maratonaportugal.com), or going to the "Solutions" desk at SEASIDE Fashion Sponsor SPORTEXPO.

**14. What if I cannot participate after registering?**

A: You can transfer your registration to another participant nominated by you at no additional cost by sending an email to [info@maratonaportugal.com](mailto:info@maratonaportugal.com).

**15. What should I do if I lose my bib?**

A: You should contact the organization by sending an email to [info@maratonaportugal.com](mailto:info@maratonaportugal.com).

**16. Can I pick up the bib of a friend of mine?**

A: Yes, you can pick up a bib for another person, as long as you provide original registration voucher and present a copy of the ID.

**17. Can I use another person's bib?**

A: No, if any participant uses a bib of another athlete, without prior notice to the organization and without the authorization, he will be disqualified. You must inform the organization, within 15 working days, so that the transfer of the dorsal can be made.

**18. How can I associate my SuperHalves Passport number to my registration?**

A: You can associate your SuperHalves passport at the race registration form.

## RACE DAY

**19. On race day can I use free public transportation?**

A: Yes, upon presentation of the dorsal the athlete has free transport available from the organization's partners.

**20. Can I pick up my bib on race day?**

A: No bibs will be handed out on race day.

**21. Is there a time limit to finish the races?**

A: Yes, the cut off time is three and a half hours after the start.

**22. Are there aid stations during the race?**

A: The organization will install several official aid stations, every 5km, which does not invalidate the provision of other aid stations in duly marked places.

**23. Is there medical support during the race and at the finish line?**

A: Femédica and Hospital da Luz will be in close collaboration to provide the necessary medical support during the race and at the finish line.

**24. Will there be somewhere to store my bag during the race?**

A: We are sorry, but there will be no bag storage.

**25. Are showers available?**

We are sorry, but there are no showers.

**26. There will be pacers on the Half Marathon?**

Yes. There will be athletes, identified with flags, which indicate the pace of each kilometer.

- 4m/km Flag- Indicates 1h24m race time;
- 4,30m/km Flag- Indicates 1h35m race time;
- 5m/km Flag- Indicates 1h45m race time;
- 5,30m/km Flag- indicates 1h56m race time.

## AFTER THE RACE

**27. Do I receive a medal if I participate in the race?**

A: Yes, if you participate and finish the race, you will receive a finisher medal.

**28. Where and when will the results be released?**

A: Provisional results will be available on the official website after 7pm. The official results will be available two weeks after the event.

**29. I have been injured during the race but have not received medical assistance. How should I proceed?**

A: You should send an email to [info@maratonaportugal.com](mailto:info@maratonaportugal.com) as soon as possible.