



REGULATIONS

1. Integrated in the “Lisbon Marathon” event, this walk will take place on Saturday morning, on October the 16th, at 11:00 am.
2. The starting line will be at Rossio dos Olivais. This walk is intended to be a healthy 4km ride, for families of all ages.
3. All participants will receive t-shirts and medals allusive to the walk.
4. The registrations for this race are free and can be made online on our official site or at the Sport Expo.
5. If an accident happens, the organization provides a medical service under the guidance of a specialized team of professionals, but is not responsible for any accident that may occur during this event.
6. All participating athletes are covered by insurance as stipulated by law.
7. Any omissive occurrence of this regulation shall be resolved by the Technical Director of the evidence and according to the official regulations in force and opinions of the IAAF/AIMS.

