



REGULATIONS LUSO HALF MARATHON

Article 1

General Information

1. The present rules regulate the organization of the "LUSO Half Marathon" (henceforth, "Half Marathon" or Race), in the city of Lisbon, included in the calendar of World Athletics with the seal "World Athletics Elite Label", with the presence of some of the best international athletes.
2. The Half Marathon will be part of the Regional and National Championships of the Lisbon Athletics Association and the Portuguese Athletics Federation, respectively. The conditions of participation shall be consulted on the official website of the Lisbon Athletics Association at <http://www.aalisboa.com.pt> and of the FPA at <https://fpatletismo.pt>
3. The compliance with the present Regulations does not exempt the subsidiary application of the applicable state legislation and sports regulations.
4. The Half Marathon is an organization of the MARATONA CLUBE DE PORTUGAL (henceforth MCP), with headquarters at Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal
5. The Half Marathon will take place on the 8th October 2023, with a scheduled start time of 10:30am. The event will be broadcast live on RTP 1 and has the support of the Lisbon City Council, as well as other official entities, including the PNDpT – National Programme of Sport for All.

Article 2

Route and duration

1. The Half Marathon is a 21,097meter race.
2. The Half Marathon will have a time limit of 3h30m (three hours and thirty minutes) from the start, finishing at 02:00m (two).
3. There will be a CUT-OFF at KM 15, at 12:50am (twelve hours and fifty minutes) local time.
4. After the Half Marathon's time limit, the competent authorities will re-establish the road circulation, so all athletes who, eventually, are still running the Race, must take the adjacent pavements and pedestrian paths or get in the bus





provided by the MCP to collect the athletes participating in the Race. The MCP is not responsible for any accident that may occur after the Half Marathon time limit.

Article 3

Departure, itinerary and arrival point

1. The Start of the "Half Marathon", will take place at 10h30, in Lisbon, on the board of the Vasco da Gama Bridge and the finish will be in Praça do Comércio, also in Lisbon. The itinerary will be according to the map published in the website of the Race, available in www.maratonaclubedeportugal.com

The Race will have the following specific starts:

- a) Peloton Athletes: Start on the board of the Vasco da Gama Bridge (south-north direction), next to the portico n.º 3. The finish line will be installed in Praça do Comércio;
- b) Elite Athletes: Simultaneous start, at Rotunda da Ford, only for high competition "Elite" athletes and athletes that have the minimum time required by the MCP – less than 1h05m, done in the last 3 years in Lisbon Half Marathon, Portugal Half Marathon, or another reference Half Marathon. In the female category, the minimum time required will be less than 1h20m, under the same conditions as the male category.
- d) All the athletes with times inferior to, at least, 1h10m (one hour and 10 minutes) for male athletes and 1h25m (one hour and twenty-five minutes) for female athletes in the Half Marathon [done in the last 3 (three) years in the Lisbon Half Marathon or Portuguese Half Marathon], may request that they be given a "VIP Start" bib, to start at the front of the Peloton, in the Vasco da Gama Bridge. This request must be accompanied by the respective proof of these requirements and must be sent, in due time, to info@maratonaportugal.com;
- e) The route of the Elite athletes and the athletes in peloton will be the same from km 6 onwards
- f) Special and/or Elite bibs will be given to the Elite athletes



g) Without prejudice of what is stated in a) and b) above, the MCP reserves the right to attribute VIP bibs to athletes/personalities invited by it.

Article 4

Times and Starting Boxes

There will be 6 (six) start boxes in the LUSO Half Marathon with the following times:

- Box VIP/VIP Start;
- Box SUB 1H20
- Box SUB 1H30;
- Box SUB 1H45;
- Box SUB 2H00;
- Cashier +2H00.

2. In this race, there will be pacers with the following times at KM:

- <4:00 min/Km
- <4:30 min/Km
- <5:00 min/Km
- <5:30 min/Km

Article 5

Supply services

1. The MCP will set up several official supply services, the first at Km 6, by contingencies of the course, the second at Km 10 and the following at 5 km intervals, which does not invalidate that others are provided, at places duly marked for the effect.





Article 6

Registrations

1. Entries for the Event should be made online on the official website of the Event at www.maratonclubedeportugal.com
2. The maximum limit of 9,000 (nine thousand) runners in the Half Marathon will be stipulated.
3. Athletes under eighteen years of age will not be allowed to register and participate in the race
4. Entries to the race are personal and non-transferable.
5. All requests for changes of registration in the race must be made within 1 (one) month after the date of the Half Marathon, through the email info@maratonadeportugal.com
6. All change of registration requests made after the deadline referred in the previous number, will have an administrative cost of 15 (fifteen) euros, and the personalization of the race badge is not guaranteed.
7. Without prior notice, the MCP may, at any time, suspend or extend the deadlines for registration in the Event, or add or limit the number of entries in the Event according to technical or structural availabilities.
8. All runners who intend to take part in the Half Marathon must assure that they have the necessary health conditions for the effort inherent to the Event, assuming, for the effect, the Term of Responsibility foreseen in article 23 of the present Regulation.

Article 7

Registration and participation of persons with disabilities and mobility impaired

1. To guarantee the respect for the equality principle (non-discrimination) regarding the participation in the Event of disabled athletes, indistinctly of the disability category, and of athletes with conditioned mobility, disabled athletes will be able to participate in the Event, if they are able to do it autonomously and without the use of a wheelchair. These participants can take part in the EDP 8K Race (see the Race Rules).





2. Blind or visually impaired athletes have the right to participate in the Event with a guide, upon presentation of a medical certificate of multi-use disability with capacity equal or superior to 60%.

Article 8

Registration Fee

1. The registration fees for the Event are fixed annually by the MCP.
2. Visual and mobility impaired athletes as well as their assistants are exempted from the Event entry fee.
3. The payment of the registration fees must be made through the means indicated by the MCP.

Article 9

Participation Kit

1. The "Participation Kit" in the Event will be given to you when you collect your bib and will contain:
 - a) A technical fibre t-shirt (5 sizes, the stock of sizes being distributed according to availability). In case of stock rupture in any size, the athlete will be offered another size;
 - b) A bib;
 - c) An individual equipment bag;
 - d) Other gifts and information from sponsors.

Article 10

Collection of the Participation Kit

1. The athletes duly registered in the Event can collect their bib and respective "Participation Kit" at Sala Tejo – Altice Arena between 05, 06 and 07 October 2023, from 10:00am to 20:00am, no documentation or kits will be distributed on the day of the Event. No kits will be handed out in any other moment other than the ones designated here.





2. To collect the bib it will be necessary to present the respective proof of payment of the registration fee, or the printed document of the online registration, as well as the identification document of the respective athlete.
3. In the case of disabled/mobility impaired athletes who require assistance from a companion, the latter may collect the bib and the respective "Participation Kit".
4. At the time of delivery of the "Participation Kit", no request for an exchange of sizes of technical fibre t-shirts will be accepted.

Article 11

Race bibs

1. The bib is personal and non-transferable, and may not, under any circumstances, be reproduced, replicated or modified, and its use by a third party will imply disqualification and suspension of participation in subsequent editions of the Event.
2. The Race bib contains an electronic chip with the athlete's identification, which must be fixed in the athlete's chest area.
3. The MCP recommends all athletes to fill in their personal data in the back of the bib, for reasons only related with the safety of the athlete himself, namely in case of any accident, physical indisposition, or any other emergency, during the course of the Event.
4. Athletes without bibs will not be allowed to circulate during the race.

Article 12

"Special VIP" bibs

1. There will be "Special VIP" bibs, in limited number.
2. The MCP reserves the right to give "Special VIP" bibs to athletes/personalities invited by it.
3. The athletes with "Special VIP" bibs will have the right to
 - a) Access to the front of the Race.
 - b) Transport from the official Race hotel to the start
 - c) Area to collect the equipment
 - d) Access to the VIP area, at the end of the Race.





Article 13

“VIP Start” bibs

1. All runners with times under, at least, 1h10m (one hour and 10 minutes) for male runners and 1h25m (one hour and twenty-five minutes) for female runners in the Half Marathon [done in the last 3 (three) years in the Lisbon Half Marathon or Portuguese Half Marathon] may request that a "VIP Start" bibs be given to them.
2. The runners with "VIP Start" bibs will have the right of access to the front of the race, at the Ponte Vasco da Gama.
3. This request must be made, in writing, with a minimum advance notice of 30 (thirty) days to info@maratonaportugal.com sending the respective proof of the requirements mentioned in the previous numbers.

Article 14

Disqualification from the Half Marathon

1. Without prejudice to other causes foreseen in the present Regulation, the disqualification of the athletes from the Race will take place when:
 - a) They use the bib of another athlete;
 - b) They damage their bib;
 - c) They do not have the bib placed in the pectoral zone, because the deficient placement of the bib implies a possible failure in the obtaining of results;
 - d) Fold their bib in order to reduce its size;
 - e) Not to wear their bib during the whole course;
 - f) Jump over rails either at the start or finish zone;
 - g) Do not respect the Race signaling or the instructions given by the MCP;
 - h) Falsify any element related to their registration in the Event



- i) Express poor physical condition or apparent weakness before the start
- j) Use more than one chip or 2 bibs with different numbers;
- k) Manifest an anti-sportive behaviour or not comply with the rules stipulated in this regulation or the safety and hygiene instructions given by the Race staff and by competent entities, before, during and after the Race.

Article 15

Categories

1. The following age brackets will be considered, in accordance with international regulations, namely:

MEN	WOMEN	FROM	TO
SM	SW	18 Years	34 Years
M35	W35	35 Years	39 Years
M40	W40	40 Years	44 Years
M45	W45	45 Years	49 Years
M50	W50	50 Years	54 Years
M55	W55	55 Years	59 Years
M60	W60	+60 Years	
M65	W65	+65 Years	
M70	W70	+70 Years	

2. The age considered is the age of the athlete on the day of the Event.



Article 16

Race Certification

1. The timing and classification system will be done through the "My Laps" system, whose electronic base will only work if the athlete duly places his official bib.
2. The elite/high performance athletes will use the "My Laps" Pro-Ship system homologated by World Athletics.
- 3.3. The measurement of the race course will be done by World Athletics meters, according to the respective regulations and in accordance with the data provided by the technical director of the race.

Article 17

Homologation of classifications

1. The results of the Event will be considered definitive 15 (fifteen) days after the day of the Event.
2. There will be an independent classification by gender and an overall prize will be awarded, and up to the third place, by gender.
3. The official time, for the classification of the Elite athletes, is the time of the "starting pistol".
4. The official time, for the purposes of classification of the non-elite athletes, is the "chip" time.

Article 18

Cash Prizes

1. The cash prizes in dispute will be paid after the classifications are verified and considered official, according to the table below:





Portuguese Prize Table

Men's and Women's General Classification

Place	ELITE	GENERAL VETERANS			
		M35/M40/M45	M35/M40/M45	W35/W40/W45	W35/W40/W45
		(single class)	(single class)	(single class)	(single class)
1º	1000	300	200	300	200
2º	750	200	100	200	100
3º	500	100	50	100	50
4º	300				
5º	200				

2. The age groups considered are in accordance with the Portuguese Athletics Federation Regulations.

3. The delivery of the prizes will take place against prior delivery of the respective receipts (Invoice-Receipt), in accordance with the tax regulations in force.

4. The cash prizes for the senior class will only be given to the elite athletes, who started from the Ford Roundabout.

5. The table mentioned in paragraph 1 of this article applies to the participants of the Race, and the respective values will be paid in full when the mark achieved by the participating athletes is less than 1h03m30s (one hour, three minutes and thirty seconds) in the male category and 1h11m30s (one hour, eleven minutes and thirty seconds) in the female category; otherwise, only 50% (fifty percent) of the value will be paid.

6. In the case of the veterans, regardless of the time achieved in the Race, the value stipulated in the table in paragraph 1 of this article shall be paid.

7. All athletes participating in the Event and eligible for monetary prizes should contact the MCP for info@maratonaportugal.com within 30 (thirty) days after the classifications are considered official

8. The values of the table mentioned in the n.º1 of the present article are subject to the legal discounts foreseen in the law in force.



Article 19

Other Prizes

1. All classified athletes in the Event will receive an official medal and other souvenirs related to the Event.

Article 20

Collection of equipments

1. There will be a collection of equipments for the participants of the Half Marathon, with a limit of 2000. It will be an optional service, paid at the time of inscription in the Race, with a cost of 5 (five) euros. Due to logistic difficulties, it is possible that runners who request this service, will have a waiting period, not longer than 20 minutes, until they can collect their belongings.

2. The organization will be responsible for delivering them at the end of the race. The equipment collection point will be at Campo das Cebolas, near Praça do Comércio.

3. The equipment can only be delivered in the bag provided by the organization;

4. The bag must be identified with the athlete's bib number;

5. Only one athlete's equipment per bag will be allowed;

6. The organization will not be responsible for any valuable equipment placed inside the bag;

Article 21

Sports Insurance

1. The MCP provides a medical assistance service throughout the entire Race and in the finish line area, where a hospital tent will be installed.

2. Notwithstanding the previous number, the MCP will provide a sports insurance policy to all participants of the Event, through a contract signed with an insurance company, in accordance with the legal regime of the compulsory



sports insurance, as stated by Decree-Law n.º 10/2009 of 12th January, and for this effect, will benefit from the minimum insurance coverages stated in the referred diploma.

3. In the event of a claim, claimants must contact the MCP through the email geral@maratonaportugal.com and, afterwards, fill in the accident form to be sent to the insurer by the MCP.

Article 22

Data protection measures

1. The MCP will treat the Athletes' personal data for the following purposes

- a) regular development of the Race;
- b) elaboration of tables of results/classifications;
- c) sending important information about the participation in the Event;
- d) validation of the sports insurance;
- e) marketing actions of the MCP;
- f) communications of future similar events; and
- g) marketing actions by partners/sponsors.

2. The information on how the MCP processes personal data and on your rights is set out in Appendix 1 to these Regulations and in the registration form, of which it is an integral and inseparable part.

Article 23

Term of Responsibility

1. The athletes, when registering in the race, sign a liability waiver, with the following content:





"1. I have read and agree with the Rules of the EDP Lisbon Half Marathon, available on the official website of the race;

2. I am aware that I am physically fit to take part in the race

3. I declare that I will refrain from taking part in the Event if my physical condition changes after I have registered in it and that I will immediately leave the event as soon as I detect signs of weakness and/or indisposition

4. In case of emergency I authorise medical assistance in the Event and, if necessary, emergency transport to a hospital.

5. I am aware of the contents of the insurance policy in force and I have read its specifics, as stated in the Race Rules;

6. I participate in the Event of free and spontaneous will, exempting MCP, partners, directors, collaborators and other companies connected to the organization of the Event, of any responsibility resulting from my participation in the Event, before, during or after the Event (namely in case of loss of personal belongings by theft or other circumstances)".

Article 24

Doping Control

1. Doping control will be carried out on high-performance/elite athletes, with 6 (six) controls being foreseen for the male gender and 6 (six) for the female gender.

2. The athletes involved are obliged to attend the doping control in accordance with the World Athletics rules, within the framework of the World Anti-Doping Code, under penalty of immediate disqualification.

Article 25

Cancellation due to Force Majeure

1. The cancellation of the Event may occur due to reasons of force majeure, alien to the MCP.





2. For the application of the present Regulations, "force majeure" is understood as all unforeseeable or unavoidable events, whose effects occur regardless of the will or circumstances and which the MCP is not capable of justifiably preventing or resisting, including namely acts of hacking, computer viruses, earthquakes floods, storms, cyclones, electrical discharges (natural or network), fires, lightning or explosions and other natural disasters, acts of war and terrorism, social disturbances, fuel and energy shortages and pandemics with serious impact on public health, and general compulsory confinement decreed by the competent public authorities.

3. If the postponement of the Event is determined, the MCP guarantees the automatic transfer of the entries of all athletes to the new proposed date.

4. If the event is cancelled due to force majeure, there will be no refund of the registration fee.

Article 26

Alteration of the Race Course

1. The MCP may, in exceptional cases, have to change the Race Course, namely, the starting and/or finishing place, as well as the Race Schedule.

2. Exceptional cases" are understood as any factuality that prevents the accomplishment of the Event in the exact terms foreseen in these Rules, that are considered as "force majeure", as defined in the previous article, but that do not generate the cancellation of the Event.

3. If the course of the Event is changed in exceptional cases, there will be no refund of the entry fee.

Article 27

Prohibited Objects

To preserve the safety of the Event, athletes shall not be allowed to participate on bicycles, accompanied by animals, with baby carts, skateboards, roller skates, scooters, or any other motorized or wheeled devices. Athletes may not





carry or bring with them prohibited objects or substances susceptible to generate or enable acts of violence.

Article 28

Doubts and Complaints

1. Complaints should be made in accordance with WA principles. A fee of 50,00 euros (fifty euros) will be charged for each complaint, which will remain deposited with the MCP until the situation is solved. The amount will be refunded in case of acceptance. The time for the analysis of the complaint will be in line with the need to consult adjacent elements for the perfect knowledge of the situation.
2. MCP has several platforms to support the participants' doubts and these should be consulted if necessary.
3. Any cases not provided for in these Rules shall be solved by the Technical Director of the Event, in accordance with the legislation and regulations in force.

Oeiras, June 2023

APPENDIX 1 – INFORMATION REGARDING THE PROCESSING OF PERSONAL DATA

Responsible for the treatment:	<ul style="list-style-type: none"> ▪ MARATONA CLUBE DE PORTUGAL (MCP) ▪ 502.468.246 ▪ Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal ▪ info@maratonaportugal.com
Purposes of processing and Legal grounds for processing:	<ol style="list-style-type: none"> 1. Regular development of the Race; and 2. Preparation of tables of results/classifications; 3. Sending important information about the participation in the Event: The processing is necessary for the performance of pre-contractual diligence at the request of the Athlete (the data subject) and subsequent performance of the contract to which the Athlete is a party. 4. Validation of the sports insurance: The processing is necessary for the performance of a legal obligation to which the MCP is subject. 5. MCP marketing actions (image rights): Legitimate interests pursued by MCP. 6. Communications of similar future events: Legitimate interests pursued by MCP. 7. Communication of personal data to partners/sponsors for marketing actions: Prior and express consent of the data subject.
Description of legitimate interests:	<ul style="list-style-type: none"> ▪ MCP marketing actions (image rights): MCP has every interest in using the Athlete's image for marketing purposes of its events, and no authorization is required to capture the Athlete's image since the reproduction of the image is framed in facts that have occurred publicly, pursuant to article 79(2), of the Civil Code. ▪ Communications of future similar events: The MCP has every interest in, in the context of the provision of the service which is the object of the Regulations, using the contact details of the Athlete or the holders of the Athlete's parental responsibilities, for the purposes of direct marketing of its own products or services analogous to those transacted, under the terms of the Law on the treatment of personal data and the protection of privacy in the electronic communications sector (Law no. 41/2004, of 18 August).
Origin of personal data	Received through the Athlete's holders of parental responsibilities.
Recipient categories:	<ol style="list-style-type: none"> 1. Service providers who have access to personal data within the scope of the contracted services; 2. Insurer, within the scope of the sports insurance contract concluded with insurer;

	3. Third parties for the purpose of exercising or defending the rights of the MCP in a lawsuit.
Transfers outside the EU and Conditions for transfer:	N/A
Term of conservation of personal data:	<ol style="list-style-type: none"> 1. Regular development of the Trial; and 2. Preparation of tables of results/classifications; 3. Sending important information about the participation in the Event: During the Contract; After the Contract, until the expiration of the corresponding rights. 4. Validation of the sports insurance: During the legally established period. 5. MCP marketing actions (image rights); and 6. Communications of future similar events: For five (5) years, or, until you exercise your right to object. 7. The periods indicated are without prejudice to its conservation, beyond that period, in the case of pending legal action, in which case the data will be deleted after 3 (three) months from the date of the final decision rendered in the process.
Your rights:	<ul style="list-style-type: none"> • - Access: confirmation of the processing and the right to access your personal data; • - Rectification: to obtain the rectification of inaccurate and/or incomplete personal data; • - Erasure: to obtain the erasure of personal data in accordance with the law; • - Limitation: to obtain the limitation of processing in accordance with the situations listed in the law; • - Opposition: oppose the processing of your personal data; • - Portability: to receive the personal data concerning you; • - Withdrawal of consent: right to withdraw consent given at any time. <p>The listed rights are exercised in accordance with the limits defined by law, and the Controller may, in the event of reasonable doubt as to the identity of the natural person submitting the request, ask to be provided with such additional information as may be necessary to confirm the identity of the data subject.</p>
How to exercise your rights / Withdraw your consent:	<p>To exercise your rights you should contact the MARATONA CLUBE DE PORTUGAL through the following contacts: Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal info@maratonaportugal.com</p> <p>Regarding the treatment of data for sending electronic communications for the dissemination of products, services and campaigns, you can also withdraw your consent at any time using the tool at the bottom of the communications (REMOVE/UNSUBSCRIBE).</p>

Control authority:	<ul style="list-style-type: none"> ▪ CNPD – Comissão Nacional de Proteção de Dados ▪ www.cnpd.pt
The communication of personal data is a legal obligation:	No
The communication of personal data is a contractual obligation:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; ▪ Communication of personal data to partners/sponsors for marketing actions.
The communication of personal data is a necessary requirement for entering into a contract:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; ▪ Communication of personal data to partners/sponsors for marketing actions.
There is an obligation to provide personal data:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; ▪ Communication of personal data to partners/sponsors for marketing actions.
Consequences of not providing this data:	Since the treatment is necessary to register for the event and to comply with legal obligations to which the MCP is subject, without this data it will not be possible to proceed with the registration in the event and the athlete will not participate in it.
More Information:	<ul style="list-style-type: none"> ▪ info@maratonaportugal.com