

REGULATIONS

EDP LISBON HALF MARATHON

Article 1

General information

1. The present rules regulate the organization of the "EDP Lisbon Half Marathon" (hereinafter "Half Marathon"), to be held in the city of Lisbon, as part of the World Athletics calendar under the "World Athletics Elite Label", with the presence of some of the best international athletes.
2. Compliance with the provisions of these Regulations does not exempt the subsidiary application of applicable state legislation and sports regulations.
3. The Half Marathon is organized by the MARATONA CLUB DE PORTUGAL (hereinafter MCP), with headquarters at Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal.
4. The Half Marathon will take place on March 17th, 2024, with a scheduled start time of 10:05 am. This race will be broadcast live on RTP 1 and has the support of the municipalities of Lisbon, Oeiras and Almada, as well as other official bodies.

Article 2

Course and duration

1. The Half Marathon is a 21,097meter race.
2. The Half Marathon will have a time limit of 3h00m (three hours) from the start, ending at 1:05pm (one hour and five minutes pm).
3. Once the Half Marathon time limit has elapsed, the competent authorities will re-establish road traffic, so all runners who may still be running the race should divert to the sidewalks. The organizers are not responsible for any accidents that may occur after the Half Marathon time limit.
4. If, for any reason, the participant decides to change to the VODAFONE 10K route during the course, the organization reserves the right to disqualify the participant and not allow them to finish the race. All requests to change the race must be made in advance, or ultimately at the time of collecting the Participation Kit.

Article 3

Start, itinerary, and finish line

1. The start of the "EDP Lisbon Half Marathon" will take place simultaneously in Cruz Quebrada for the High Performance/Elite athletes and in Almada (on the deck of the 25 de Abril Bridge) for the other athletes.

2. The route will be in accordance with the map published on the race's official website www.maratonclubedeportugal.com and considering the following specific starts:

a) Elite athletes: The start will be at Cruz Quebrada, but only for High Performance/Elite athletes and athletes who have the minimum time, required by the organization, of less than 1h05m (one hour and five minutes), done in the last 3 years, in the Lisbon Half Marathon, the Luso Half Marathon or another Half Marathon of reference. In the Women's category, the minimum time required will be 1h20m (one hour and twenty minutes), under the same conditions as for the Men's category.

b) All runners not included in the previous paragraph, but who have run less than 1h10m (men) and less than 1h25m (women) in the Half Marathon (run in the last 3 years in the Lisbon Half Marathon or the Portugal Half Marathon) may request that they be given a VIP start badge, to start at the front on the 25 de Abril Bridge. This request must be made in writing, in advance, to info@maratonaportugal.com and the corresponding proof sent.

c) General athletes: Start on the deck of the 25 de Abril Bridge (south-north direction), next to Gate No. 1.

3. The elite athletes will join the rest of the athletes on the Ponte 25 de Abril from km 7.

4. The finish line is common to all runners, with the finish line in Praça do Império front of the Mosteiro dos Jerónimos.

Article 4

Times and Starting Boxes

1. There will be 5 (five) starting boxes at the EDP Lisbon Half Marathon with the following times:

- VIP box;
- Box 1 – Box SUB 1H30;
- Box 2 – Box SUB1H45;

- Box 3 – Box SUB 2H00;
- Box 4 – Box +2H00.

2. In this race, there will be pacers with the following times at KM:

- <4:00 min/Km
- <4:30 min/Km
- <5:00 min/Km
- <5:30 min/Km

Article 5

Aid Stations

1. The organization will set up several official aid stations, at 5 km intervals, which does not mean that other areas will not be provided, in places duly marked for this purpose.

Article 6

Registrations

1. Entries for the event must be made online, on the race's official website at www.maratonclubedeportugal.com

2. There will be a maximum limit of 15,000 (fifteen thousand) runners in the Half Marathon.

3. Runners under the age of 18 (eighteen) will not be allowed to register or take part.

4. Entries are personal and non-transferable.

5. All requests for changes to registration must be made no later than 1 (one) month before the date of the Half Marathon, by emailing info@maratonaportugal.com

6. All requests for changes to registration made after the deadline mentioned in the previous point will incur an administrative cost of 15 euros, and the personalization of the bib will not be guaranteed.

7. Without prior notice, the organization may at any time suspend or extend the deadlines or add to or limit the number of entries for the competition and according to technical or structural availability.

8. All runners wishing to take part in the Half Marathon must ensure that they meet the health conditions required for the effort inherent in the race, by signing the Declaration of Responsibility set out in Article 23rd of these Regulations

Article 7

Registration and participation of people with disabilities and reduced mobility

1. To guarantee respect for the principle of equality (non-discrimination) regarding the participation in the Race of impaired athletes, regardless of the category of disability, and athletes with mobility impairment, disabled athletes may take part in the Race as long as they are able to do so independently and without the need to use a wheelchair. These participants will be able to take part in the VODAFONE 10K (see race regulations).
2. Blind or visually impaired runners are entitled to take part in the Race with a guide, on presentation of a medical certificate of multipurpose disability equal to or greater than 60%.

Article 8

Registration fee

1. Registration fees are set annually by the Organization.
2. Visual and mobility impaired athletes as well as their assistants are exempted from the Event entry fee
2. Payments must be made through the means indicated by the organization.

Article 9

Participation kit

1. The "Participation Kit" will be given to you when you collect your bib and will contain:
 - a) A technical fiber T-shirt (5 sizes, the stock of sizes being distributed according to availability). In the event of a stock-out in any size, the athlete will be offered another size;
 - b) A bib;
 - c) An individual equipment bag;
 - d) Other gifts and information from sponsors.

Article 10

Collection of the participation kit

1. Duly registered athletes will be able to collect their bib and respective "Participation Kit" at Centro Cultural de Belém on March 14th, 15th and 16th 2024, from 10 a.m. to 8 p.m. No documentation of any kind will be distributed on the

day of the competition. Kits will not be handed out at any time other than those indicated above.

2. To collect the bib, you will need to present the respective receipt, which serves as proof of payment of the respective registration fee, or the printed document of the online registration, as well as the identification document of the respective athlete.

3. No exchanges of technical fiber T-shirt sizes will be accepted at the time of delivery of the "Participation Kit".

Article 11

Race bibs

1. The bib is personal and non-transferable, and may not be reproduced, replicated, or modified under any circumstances, and its use by a third party will result in their disqualification and suspension from participating in subsequent editions of the race.

2. The race bib, which contains an electronic chip, will be the athlete's identification and must be attached to the athlete's chest area.

3. The Organization recommends that all athletes fill in their personal details on the back of the bib, for reasons solely related to the athlete's own safety, as they may be of the utmost importance in the event of an accident, physical indisposition, or any other emergency during the course.

4. Athletes without a bib will not be allowed on the course.

Article 12

"Special VIP" race bibs

1. There will be a limited number of "Special VIP" bibs.

2. The Organization reserves the right to make "Special VIP" bibs available for an extra fee, set annually by the Organization.

3. Athletes with "Special VIP" bibs will be entitled to:

- a) Access to the front of the race.
- b) Transport from the official race hotel to the start;
- c) Equipment collection area;
- d) Access to the VIP area at the end of the race.

Article 13

"VIP Start" Race Bibs

1. All runners with times of at least 1h10m (one hour and 10 minutes) for men and 1h25m (one hour and twenty-five minutes) for women in the Half Marathon [run in the last 3 (three) years in the Lisbon Half Marathon or the Portugal Half Marathon] may request a "VIP Start" race bib.
2. Runners with "VIP Start" bibs will have access to the front of the race, on the Ponte 25 de Abril.
3. This request must be made in writing at least 30 (thirty) days in advance to info@maratonaportugal.com sending proof of the requirements mentioned in the previous paragraphs.

Article 14

Disqualification from the Half Marathon

1. Without prejudice to other causes provided for in these Regulations, athletes will be disqualified if:
 - a) They use another athlete's bib;
 - b) They damage their bib;
 - c) Do not have the bib placed in the chest area, as poor placement of the bib implies a possible failure to obtain results;
 - d) Folding the bib in such a way as to reduce its size;
 - e) Not wearing their bib throughout the course;
 - f) Jumping bars either at the start or finish line;
 - g) Do not respect the race signs or the instructions provided by the Organization;
 - h) Falsifying any element relating to their registration;
 - i) Showing physical discomfort or apparent weakness before the start;
 - j) Use more than one chip or 2 bibs with different numbers;
 - k) Behaving in an unsportsmanlike manner or failing to comply with the rules stipulated in these regulations and the safety and hygiene instructions given by the staff and competent bodies before, during and after the race.

Article 15

Categories

1. The following age groups will be considered, in accordance with international regulations, namely:

MEN	WOMEN	FROM	TO
M	W	18 years	34 years
M35	W35	35 years	39 years
M40	W40	40 years	44 years
M45	W45	45 years	49 years
M50	W50	50 years	54 years
M55	W55	55 years	59 years
M60	W60	+60 years	
M65	W65	+65 years	
M70	W70	+70 years	

2. The age considered is the athlete's age on the day of the race.

Article 16

Race Certification

1. The timing and classification system will be carried out using the "My Laps" system, whose electronic base will only work if the athlete duly affixes their official bib.
2. High-performance/elite athletes will use the "My Laps" Pro-Ship system homologated by World Athletics.
3. The course has been measured by World Athletics meters, in accordance with the respective regulations and according to the data provided by the Technical Director of the race.

Article 17

Homologation of classifications

1. The results of the Event will be considered definitive 15 (fifteen) days after the day of the Event.
2. There will be an independent classification by gender and an overall prize will be awarded, and up to the third place, by gender.
3. The official time, for the classification of the Elite athletes, is the time of the "starting pistol".
4. The official time, for the purposes of classification of the non-elite athletes, is the "chip" time.

Article 18

Monetary prizes

1. The prize money in dispute will be paid out after the results have been verified and deemed official, according to the table below:

PLACE	ELITE	GENERAL VETERANS			
	M/W	M35/M40/M45	M50/M55/M60	W35/W40/W45	W50/W55/W60
		(single tier)	(single tier)	(single tier)	(single tier)
1º	1000€	300€	200€	300€	200€
2º	750€	200€	100€	200€	100€
3º	500€	100€	50€	100€	50€
4º	300€				
5º	200€				

2. The age groups considered are in accordance with the Regulations of the Portuguese Athletics Federation.

3. The prize will be awarded upon prior delivery of the respective receipt (Invoice), in accordance with the tax regulations in force.

4. The prize money for the senior class will only be awarded to elite athletes who started from Cruz Quebrada.

5. The table indicated in paragraph 1 of this article applies to race participants, and the amounts will be paid in full when the mark achieved is less than 1h03m30s (one hour, three minutes and thirty seconds) in the men's category and 1h11m30s (one hour, eleven minutes and thirty seconds) in the women's category; otherwise, only 50% (fifty percent) of the amount will be paid.

6. In the case of veterans, regardless of the time achieved, the stipulated amount will be paid.

7. All athletes eligible for prize money must contact the organization at info@maratonaportugal.com within 30 (thirty) days of the classifications being considered official.

8. The amounts in the table are subject to the legal deductions provided for in the law in force.

Article 19

Other prizes

1. All classified athletes receive an official medal and other souvenirs relating to the race.

Article 20

Collection of equipment

1. There will be a collection of equipments for the participants of the Half Marathon, with a limit of 2000. It will be an optional service, paid at the time of inscription in the Race, with a cost of 5 (five) euros. Due to logistic difficulties, it is possible that runners who request this service, will have a waiting period, not longer than 20 minutes, until they can collect their belongings.
2. The organization will be responsible for delivering them at the end of the race. The equipment collection point will be at Praça do Império.
3. The equipment can only be delivered in the bag provided by the organization;
4. The bag must be identified with the athlete's bib number;
5. Only one athlete's equipment per bag will be allowed;
6. The organization will not be responsible for any valuable equipment placed inside the bag;

Article 21

Sports insurance

1. The Organization provides a medical assistance service throughout the race and at the finish line, where a hospital tent will be set up.
2. Without prejudice to the previous paragraph, the MCP will establish a nominal sports insurance policy for all participants, by means of a contract with an insurance company, in accordance with the legal framework for compulsory sports insurance set out in Decree-Law no. 10/2009 of January 12, for which purpose they will benefit from the minimum insurance cover provided for in the law.
3. In the event of an accident, claimants should contact the MCP via email at geral@maratonaportugal.com so that they can fill in the Accident Form to be sent to the insurer by the MCP.

Article 22

Data protection measures

1. The MCP will process the personal data of Athletes for the following purposes:

- a) regular development of the Race;
- b) preparation of results/classifications tables;
- c) sending important information about participation in the Race;
- d) validation of sports insurance;
- e) MCP marketing actions;
- f) communications about future similar events;
- g) marketing actions by partners/sponsors.

2. The information on how the MCP processes personal data and your rights can be found in Appendix 1 to these Regulations and in the registration form, of which it is an integral and inseparable part.

Article 23

Term of responsibility

1. When registering, the athlete signs a disclaimer with the following content:

1. *"I have read and agree with the EDP Lisbon Half Marathon Regulations, available on the race's official website;*

2. *I am aware of my state of health and declare that I have no physical and/or mental contraindications to taking part in the race*

3. *I declare that I will refrain from participating in the race if my health conditions change after registration and that I will immediately leave the race as soon as I detect signs of weakness and/or indisposition;*

4. *In the event of an emergency, I consent to medical assistance during the race and, if necessary, emergency transportation to a hospital.*

5. *I am aware of the contents of the insurance policy in force and I have read the specifics of the policy, as set out in the Race Regulations;*

6. *I take part in the race of my own free will, exempting the organization, partners, directors, collaborators and other companies linked to the organization of the event from any responsibility resulting from my participation in the race, before, during and after the race (namely the loss of personal belongings due to theft or other circumstances)."*

Article 24

Doping control

1. Doping controls will be carried out on high-performance/elite athletes, with 6 (six) controls for male gender and 6 (six) for female gender.

2. The athletes concerned are obliged to attend the doping control in accordance with the rules of World Athletics, within the framework of the World Anti-Doping Code, under penalty of immediate disqualification.

Article 25

Cancellation due to Force Majeure

1. The race may be cancelled for reasons of force majeure beyond the control of the Organization.
2. For the purposes of these Regulations, "force majeure" means any unforeseeable or unavoidable event, the effects of which occur independently of will or circumstances and which the Organization is unable to justifiably prevent or resist, including acts of hacking, computer viruses, earthquakes, floods, storms, cyclones, electrical discharges (natural or network), fires, lightning or explosions and other natural disasters, acts of war and terrorism, social unrest, fuel and energy shortages and pandemics having a serious impact on public health, and general compulsory confinement decreed by the competent public authorities.
3. In the event of the Half Marathon being cancelled for the scheduled day, if it is decided to postpone the race, the Organization guarantees the automatic transfer of all athletes' registrations to the new proposed date.
4. If the event is canceled for reasons of force majeure, the registration fee will not be refunded.

Article 26

Changing the route

1. The organization may, in exceptional cases, must change the route, namely the place of start and/or finish lines, as well as the race schedule.
2. "Exceptional cases" means any event that prevents the race from taking place in the exact terms set out in these regulations, which are considered "force majeure", as defined in the previous article, but which does not give rise to cancellation.
3. If the route has been altered in exceptional cases, the entry fee will not be refunded.

Article 27

Prohibited objects

1. With a view to preserving the race and safety, athletes will not be allowed to take part on bicycles, accompanied by animals, with baby carriages, skateboards, rollerblades, scooters or any other motorized devices, nor may they carry or bring prohibited objects or substances that could generate or enable acts of violence.

Article 28

Questions and complaints

1. Complaints must be made in accordance with WA principles. There will be a fee of €50.00 (fifty euros) for each complaint, which will be deposited until the situation is resolved. The amount will be refunded if the complaint is upheld. The time taken to analyze the complaint will be in line with the need to consult adjacent elements to fully understand the problem.
2. The organization has several platforms to support participants' queries, which should be consulted if necessary.

Any cases not covered by these Regulations will be resolved by the Technical Director of the Race, in accordance with the legislation and regulations in force.

APPENDIX 1 – INFORMATION REGARDING THE PROCESSING OF PERSONAL DATA

Responsible for the treatment:	<ul style="list-style-type: none"> ▪ MARATONA CLUBE DE PORTUGAL (MCP) ▪ 502.468.246 ▪ Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal ▪ dpo@maratonaportugal.com
Purposes of processing and Legal grounds for processing:	<ol style="list-style-type: none"> 1. Regular development of the Race; and 2. Preparation of tables of results/classifications; 3. Sending important information about the participation in the Event: The processing is necessary for the performance of pre-contractual diligence at the request of the Athlete (the data subject) and subsequent performance of the contract to which the Athlete is a party. 4. Validation of the sports insurance: The processing is necessary for the performance of a legal obligation to which the MCP is subject. 5. MCP marketing actions (image rights): Legitimate interests pursued by MCP. 6. Communications of similar future events: Legitimate interests pursued by MCP. 7. Communication of personal data to partners/sponsors for marketing actions: Prior and express consent of the data subject.
Description of legitimate interests:	<ul style="list-style-type: none"> ▪ MCP marketing actions (image rights): MCP has every interest in using the Athlete's image for marketing purposes of its events, and no authorization is required to capture the Athlete's image since the reproduction of the image is framed in facts that have occurred publicly, pursuant to article 79(2), of the Civil Code. ▪ Communications of future similar events: The MCP has every interest in, in the context of the provision of the service which is the object of the Regulations, using the contact details of the Athlete or the holders of the Athlete's parental responsibilities, for the purposes of direct marketing of its own products or services analogous to those transacted, under the terms of the Law on the treatment of personal data and the protection of privacy in the electronic communications sector (Law no. 41/2004, of 18 August).
Origin of personal data	Received through the Athlete's holders of parental responsibilities.
Recipient categories:	<ol style="list-style-type: none"> 1. Service providers who have access to personal data within the scope of the contracted services; 2. Insurer, within the scope of the sports insurance contract concluded with insurer; 3. Third parties for the purpose of exercising or defending the rights of the MCP in a lawsuit.
Transfers outside the EU and Conditions for transfer:	N/A

Term of conservation of personal data:	<ol style="list-style-type: none"> Regular development of the Trial; and Preparation of tables of results/classifications; Sending important information about the participation in the Event: During the Contract; After the Contract, until the expiration of the corresponding rights. Validation of the sports insurance: During the legally established period. MCP marketing actions (image rights); and Communications of future similar events: For five (5) years, or, until you exercise your right to object. The periods indicated are without prejudice to its conservation, beyond that period, in the case of pending legal action, in which case the data will be deleted after 3 (three) months from the date of the final decision rendered in the process.
Your rights:	<ul style="list-style-type: none"> – Access: confirmation of the processing and the right to access your personal data; – Rectification: to obtain the rectification of inaccurate and/or incomplete personal data; – Erasure: to obtain the erasure of personal data in accordance with the law; – Limitation: to obtain the limitation of processing in accordance with the situations listed in the law; – Opposition: oppose the processing of your personal data; – Portability: to receive the personal data concerning you; – Withdrawal of consent: right to withdraw consent given at any time. <p>The listed rights are exercised in accordance with the limits defined by law, and the Controller may, in the event of reasonable doubt as to the identity of the natural person submitting the request, ask to be provided with such additional information as may be necessary to confirm the identity of the data subject.</p>
How to exercise your rights / Withdraw your consent:	<p>To exercise your rights you should contact the MARATONA CLUBE DE PORTUGAL through the following contacts: Av. João de Freitas Branco, 10 Laveiras, 2760-073 Oeiras, Portugal dpo@maratonaportugal.com</p> <p>Regarding the treatment of data for sending electronic communications for the dissemination of products, services and campaigns, you can also withdraw your consent at any time using the tool at the bottom of the communications (REMOVE/UNSUBSCRIBE).</p>
Control authority:	<ul style="list-style-type: none"> ▪ CNPD – Comissão Nacional de Proteção de Dados ▪ www.cnpd.pt
The communication of personal data is a legal obligation:	No
The communication of personal data is a contractual obligation:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events;

	<ul style="list-style-type: none"> ▪ Communication of personal data to partners/sponsors for marketing actions.
The communication of personal data is a necessary requirement for entering into a contract:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; ▪ Communication of personal data to partners/sponsors for marketing actions.
There is an obligation to provide personal data:	<p>Yes, except for the following purposes:</p> <ul style="list-style-type: none"> • MCP marketing actions (image rights); • Communications of similar future events; ▪ Communication of personal data to partners/sponsors for marketing actions.
Consequences of not providing this data:	<p>Since the treatment is necessary to register for the event and to comply with legal obligations to which the MCP is subject, without this data it will not be possible to proceed with the registration in the event and the athlete will not participate in it.</p>
More Information:	<ul style="list-style-type: none"> ▪ info@maratonaportugal.com

INCLUSION OF PEOPLE WITH MOBILITY IMPAIRMENT IN THE VODAFONE 10K RACE, 10.03.2024

REPORT

Pursuant to the powers conferred on the Ponte 25 de Abril Safety Board by Decree-Law no. 95/2008 of 6 June, the following report is issued regarding the intention of the Maratona Clube de Portugal to include, from the next edition of the "Vodafone 10K" race, scheduled for 10 March 2024, the participation of people with mobility impairment, requiring the use of a wheelchair.

The "Vodafone 10k" race is being held in conjunction with the "EDP Lisbon Half Marathon", sharing the same starting point, the toll plaza next to the Ponte 25 de Abril, and the crossing of the River Tejo via the same bridge, which is part of the main route number 7 (IP7) of the national road network, linking Lisbon to Caia.

In Order no. 5972/2014, of 8 May, the government recognised the Lisbon Half Marathon as a public interest event, highlighting the crossing of the 25 de Abril Bridge as one of the most important moments of the race, which allows unique images of the sport and the city of Lisbon to be shown.

It is also stated that the Lisbon Half Marathon is a stimulus to increase the practice of sport by a very broad section of the population, as well as unequivocally contributing to Portugal's international reputation and affirming the country as a favoured location for major sporting events.

Below is the relevant information submitted by the race organisers, the Maratona Clube de Portugal, as part of the request for an opinion, which guarantees respect for the principle of equality (non-discrimination).

In this first experiment, the race organisers want to limit the number of racers:

"- 10 (ten) entries in the VODAFONE 10K

These participants must register via an email address created for this purpose, which will allow the organization not only to effectively control who these participants are, but also to define with them, in advance, issues relating to how they will get to the starting point, timetables, the type of wheelchairs to be used and the assistance team.

They must participate with an assistance team:

- 2 (two) people in the case of VODAFONE 10K;

They will set off at the end of the peloton and in addition to the assistance team accompanying them, the organisation will provide a team to help these participants on the descent to Alcântara, thus minimising the possibility of accidents."

Having analysed the process, the Security Council considers that, in addition to the conditions identified and prevented by the organisation itself, the Ponte 25 de Abril has unique characteristics that justify the adoption of other specific security measures, in addition to those already planned, namely:

- i) Wheelchair traffic is restricted to the area of the road platform with bituminous concrete paving.

As such, traffic is expressly forbidden on the areas where the bridge's pavement is made up of an open metal grid, and may only be driven on the bituminous concrete corridor, which is 3.885 metres wide in each direction of traffic (south/north and north/south);

- ii) Each participant (and their assistance team) must be accompanied along the entire route by a member of staff provided by the race organisers, who is exclusively dedicated to them.

In view of the above, the Ponte 25 de Abril Safety Board places no restrictions on the intention of the organizers, the Maratona Clube de Portugal, to include people with mobility impairment in the next edition of the "Vodafone 10k", provided that the race organizers ensure that they are accompanied along the entire route by members of the organisation, one for each participant, and that wheelchairs circulate outside the areas of the road platform made up of an open grid.

It should be noted that, under the terms of the powers conferred on it, this opinion only covers the course of the race corresponding to the crossing of the Ponte 25 de Abril, specifically between the expansion joint of the road deck on the south side (Almada side) and the expansion joint of the northern meeting of the road deck of the north access viaduct (Lisbon side).

It should also be emphasised that this opinion does not dispense with the usual need to configure the entire event in such a way as to safeguard safety issues for participants, third parties and the infrastructure itself, whether in terms of access control and road traffic, or in the implementation of all the measures that the security forces and emergency forces deem appropriate within the framework of the event's safety.

Almada, 10th August 2023

by The Ponte 25 April Safety Board